**SKILL: Normal Childbirth - Pre-delivery and Delivery**

**LEARNER NAME: DATE: / /**

*\*\*Learner is required to handover patient to another healthcare professional*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **PERFORMANCE** | **Possible Points** | **Points Obtained** | **Competent** | **Omitted** |
| 1 | Apply plastic apron and protective eyewear |  |  |  |  |
| 2 | Reassure patient |  |  |  |  |
| 3 | Ascertain the gestation period (Examiner to supply) |  |  |  |  |
| 4 | Ascertain if labour has commenced |  |  |  |  |
| 5 | Request ALS |  |  |  |  |
| 6 | Ascertain if waters have broken |  |  |  |  |
| 7 | Ascertain previous number of births and previous complications |  |  |  |  |
| 8 | Ascertain if ante-natal clinic was attended and if complications identified |  |  |  |  |
| 9 | Identify which maternity hospital the mother is attending |  |  |  |  |
| 10 | Check blood pressure (Verbalise) |  |  |  |  |
| 11 | Check pulse rate (Verbalise) |  |  |  |  |
| 12 | Measure contraction interval (Verbalise) |  |  |  |  |
| 13 | Check if mother wants to bear down |  |  |  |  |
| 14 | Offer Entonox® for pain relief (Verbalise) |  |  |  |  |
| 15 | Inform control (Verbalise) |  |  |  |  |
| 16 | Drape the patient for examination |  |  |  |  |
| 17 | Observe for crowning or any presenting part |  |  |  |  |
| 18 | Prepare the perineal area |  |  |  |  |
| 19 | Place hand on baby’s head to prevent an explosive delivery |  |  |  |  |
| 20 | Check for umbilical cord around the baby’s neck after the head has presented |  |  |  |  |
| 21 | Gently direct and support the head to help deliver the upper shoulder |  |  |  |  |
| 22 | Gently direct and support the head to help deliver the lower shoulder |  |  |  |  |
| 23 | Hold baby securely by placing one hand under the head and neck and sliding the hand along body during delivery, grasp the feet as they present |  |  |  |  |
| 24 | Dry baby and check ABCs (> 28 wks.) or wrap baby in polythene bag without drying (<28 wks.) |  |  |  |  |
| 25 | Clamp and cut cord 26 Wrap baby and present to Mother |  |  |  |  |
|  | Candidate is advised - “Adequate pulse present” |  |  |  |  |

References:

* PHECC
* AHA

**Overall assessment of learner’s performance:**

**NOT YET COMPETENT**

**COMPETENT**

Assessor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Comments\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

